



SCOTLAND

BEST OF THE HIGHLAND RIVERS



CASTLE KILCHURN

~ INN TO INN RIVER TOURING ~ SEPTEMBER 8-15 & 15-22, 2012

A Sunrise exclusive ... The Highlands of Scotland, though lightly settled, still offer many stretches of semi-wild, spectacular waterways- offering perspectives of a rich cultural heritage from a riverine viewpoint. The romantic beauty of the Scottish Highlands is experienced via mild whitewater rivers, such as the Spey, Orchy, and Tay, passing the Cairngorm Mountains, and travelling through Glencoe and majestic, historic Loch Ness and Awe. Inn to inn river touring with accommodations in some of the region's finest hotels and classic Highland inns. Trip features riverside visits to Castle Kilchurn; and some of the Highland's renowned single malt whiskey distilleries. Other highlights include paddling to the sea, paddling across the remote Rannoch Moor, and the opportunity to enjoy several of the Highland's most picturesque small towns and villages. Trip is organized in association with Scotland's leading canoe instruction and guide outfits. Includes 6 hotel nights in the Highlands, plus the final evening's hotel in historic Edinburgh.



1-888-490-9300
www.SunriseExpeditions.com



•ITINERARY 2012•

DAY 1 - (9/8 or 9/15):

Morning/Mid-Day arrival in **EDINBURGH**.
AIRPORT. Met by Sunrise's Scottish associates - Beyond Adventure. Travel to **Culdearn House Hotel, Grantown on Spey** (3 hr. drive from Edinburgh). Stop for lunch at **House of Bruar** en-route. Trip briefing during the evening.

DAY 2:

Travel to **Knockando** (1/2 hr.). Paddle down **RIVER SPEY** to **Craigellachie**. Walk from river to **Highlander Inn** (5 min.).

DAY 3:

Continue paddle down **RIVER SPEY TO SEA**. Travel overland to **Fort Augustus** (2 hrs.), possible visit to **Urquart Castle**. Evening at **Lovat Arms Hotel**.

DAY 4:

Travel to **River Orchy** (1.5 hrs.), passing **Ben Nevis** (Britain's highest mountain) and driving through **Glen Coe**. Paddle down River Orchy to **Kilchurn Castle** on **LOCH AWE**. Travel to **Kenmore Hotel**, one of Scotland's oldest inns, (1/2 hr.).

DAY 5:

Walk to **LOCH TAY**. Visit reconstructed **crannog** (ancient bronze age dwelling). Paddle from loch to **RIVER TAY** and on to **Aberfeldy**. Walk from river to **Balnearn House** in Aberfeldy (10min.).

DAY 6:

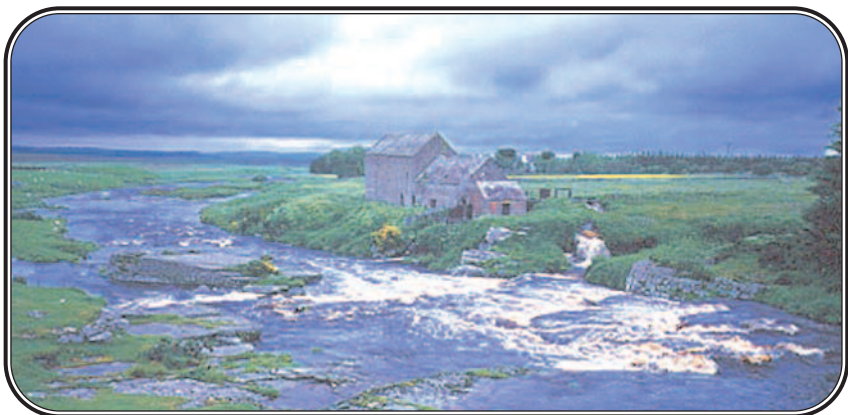
Visit to **Aberfeldy Distillery**. Travel to Grandtully and paddle **RIVER TAY** to **Dunkeld**. Walk to **Birnam House Hotel**. Recommended evening entertainment - **Macleans Real Music Bar** - known for its live folk music.

DAY 7:

Drive to **EDINBURGH** (1.5 hrs.); Day spent at leisure in city, sightseeing and shopping. Final evening meal together. Overnight in Edinburgh hotel.

DAY 8 - (9/15 or 9/22):

Transfer to **EDINBURGH AIRPORT**.



\$3795 per person (based on 10 - 12 participants) **\$3950 per person** (based on 7 - 9 participants)

• INCLUDES 7 HOTEL NIGHTS

- from Edinburgh
- Single supplement: \$490
- \$800 Deposit p.p. due by 7/10/12
- Custom pricing may be available for larger or smaller groups
- Prices may be subject to change due to currency fluctuations



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SCOTLAND:

• *LOGISTICS & BUSINESS* •

AIRLINE RESERVATIONS:

Airfare to Scotland is at participant's expense. The Sunrise staff can assist you with obtaining competitive airfares to Edinburgh from your local departure city if needed. Please bear in mind that due to the nature of the trans-atlantic flights to Scotland, you will need to depart one day prior to the scheduled trip start date. *(Arrangements can be made via Glasgow; contact us for details and cost.)*

INCLUDED:

All land transfers in Scotland; two nights guest house or Bed and Breakfast accommodations; all meals except for the dinners at the two inns; the services of 2 or 3 guides (depending on group size); all canoes and river gear; camping gear for the camping segment. *Custom itineraries including additional accommodations may be arranged.*

NOT INCLUDED:

Airfare from departure city to Edinburgh, Scotland; personal expenses and purchases; gratuities; liquor, and personal insurance.

BALANCE OF PAYMENT:

Trip balances are due in our Maine office **three weeks prior to trip departure date**. We prefer checks for payment of balances, but will also accept credit cards (Visa/ MC / AMEX)

FORMS & INSURANCE:

Unless already submitted, a trip form is enclosed. *KINDLY FILL OUT ALL THE FORMS PROVIDED AND RETURN THEM AS SOON AS POSSIBLE.* This will enable our guide to prepare for your trip properly. Also enclosed is an **optional** travel insurance application - should you desire trip and / or personal insurance protection for this excursion.

FOOD PREFERENCES & ALLERGIES, MEDICAL CONSIDERATIONS:

Most food concerns can be accommodated given notice (*hence our request for timely return of trip forms.*) We carry both a satellite and/or local cell phone for evacuation in case of medical emergency, as well as complete major medical kits.

PACKING CONSIDERATIONS:

A **complete Scotland packing list** will be forwarded with your reservation confirmation. Individual river bags, PFD's etc. are all provided, although participants are welcome to bring their own, if suitable. Personal sleeping bags are recommended for the camping segment, although "loaners" can be provided if necessary. Tents will be provided for you although you may bring your own. Light hiking boots and a daypack are handy for offriver activity. Essentially one should be prepared for a **climate** comparable to northern New England; depending upon the season.

IMMIGRATION, IDENTIFICATION, CURRENCY ISSUES:

Passports are required for all U.S. and Canadian citizens to enter the United Kingdom. Please remember to exchange U.S. dollars into British pounds either at the airport of entry or at a bank enroute. All major credit cards are accepted throughout Scotland.



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